

2020-2021 NCHSAA SPORTS CALENDAR

| Sport | 1st Practice Date | 1st Competition Date | Final Contest Date | Season Contest Limit | Weekly Contest Limit |
|-------------------|-------------------|----------------------|--------------------|----------------------|----------------------|
| Cross-Country | November 4 | November 16 | January 8 | 10 | 2 |
| Volleyball | November 4 | November 16 | January 8 | 14 | 2 |
| Swimming & Diving | November 23 | December 7 | January 30 | 10 | 2 |
| Basketball | December 7 | January 4 | February 19 | 14 | 2 |
| Hockey (M&W) | January 11 | January 25 | March 12 | 14 | 2 |
| Soccer (M) | January 11 | January 25 | March 12 | 14 | 2 |
| Football | February 8 | February 26 | April 9 | 7 | 1 |
| Golf (M&W) | March 1 | March 15 | April 30 | 14 | 2 |
| Soccer (W) | March 1 | March 15 | April 30 | 14 | 2 |
| Softball | March 1 | March 15 | April 30 | 14 | 2 |
| Tennis (M) | March 1 | March 15 | April 30 | 14 | 2 |
| Baseball | April 12 | April 26 | June 11 | 14 | 2 |
| Tennis (W) | April 12 | April 26 | June 11 | 14 | 2 |
| Track & Field | April 12 | April 26 | June 11 | 10 | 2 |
| Wrestling | April 12 | April 26 | June 11 | 14 | 2 |

| Activity | Invitational |
|--------------|--------------|
| Cheerleading | May 1 |