

**Alamance-Burlington School System**  
**Authorization of Medication For A Student At School**

Date Received \_\_\_\_\_

**Please Check:**

Prescription \_\_\_\_\_ Non-Prescription \_\_\_\_\_

NAME OF CHILD \_\_\_\_\_

BIRTHDATE \_\_\_\_\_

SCHOOL \_\_\_\_\_

DATE \_\_\_\_\_

In order to keep this child in optimum health and to help maintain maximum school performance, it is necessary that medication be given during school hours, at school-sponsored activities, while in transit to or from school or school-sponsored events.

Medication \_\_\_\_\_

Medical Condition requiring medication \_\_\_\_\_

Circle medication to be given or applied:      tablet   ointment   capsule   inhalation   liquid   injection

Dosage (amount to be given): \_\_\_\_\_

How often or at what time: \_\_\_\_\_

Side effects: \_\_\_\_\_

**FOR CASES WHERE SELF-MEDICATION OF EMERGENCY MEDICATION IS NECESSARY: (Prescriber's initials required.)**

Student may carry and self-administer emergency medication. Yes  No  Student has been instructed, understands, and demonstrates the skill level necessary to use medication and any device necessary to administer medication:

**PRESCRIBERS INITIALS:** \_\_\_\_\_

This student has asthma \_\_\_\_\_. This student has allergy(s) that could result in anaphylactic shock \_\_\_\_\_. Other \_\_\_\_\_

If an emergency occurs during the school day or if the student becomes ill, school officials are to:

1. Contact me at my office at \_\_\_\_\_ 2. Call 911 if \_\_\_\_\_ 3. Other \_\_\_\_\_

**PARENT'S PERMISSION FOR CHILD TO SELF-MEDICATE (NOTE: Additional parent signature required)**

I give my permission for my child (named above) to possess and self-administer the medication prescribed above during school hours. I hereby release the Alamance-Burlington School Board of Education and their agents and employees from all liability that may result from my child possessing or taking the prescribed medication.

(Student must follow responsibilities regarding medication outlined in student handbook.)

\_\_\_\_\_  
Signature of Parent or Guardian

Prescriber's Name \_\_\_\_\_

Prescriber's Signature \_\_\_\_\_

Drug Enforcement Administration No \_\_\_\_\_

Prescriber's Telephone Number \_\_\_\_\_

**PARENT'S PERMISSION-Parent read and sign below:**

I hereby give my permission for my child (named above) to receive the medication prescribed above during school hours, at school-sponsored activities, while in transit to or from school or school sponsored events. A practitioner authorized to prescribe medication has prescribed this medication. I will furnish this medication in a properly labeled container. I hereby release the Alamance-Burlington School System Board of Education and their agents and employees from any and all liability that may result from my child taking the prescribed medication. I agree to allow my child's health care provider and school personnel to discuss information on this form.

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Telephone No.                      Date

For self-administered medication authorized by the prescriber, the student demonstrates to the school nurse the skill level necessary to use medication and any device used to administer medication.

Reviewed by: \_\_\_\_\_

Signature of School System Nurse      Date

\_\_\_\_\_  
Name and Title of Person to Administer Drug

Approved by: \_\_\_\_\_

Signature of Principal                      Date

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**Note: Asthma Action Plan is on back of form for use with students with asthma.**

In compliance with federal laws, the Alamance-Burlington School System administers all educational programs, employment activities and admissions without discrimination because of race, religion, national or ethnic origin, color, age, military service, disability, or gender, except where exemption is appropriate and allowed by law. Inquiries or complaints should be directed to the Director of Student Services, Alamance-Burlington School System, 1712 Vaughn Road, Burlington, NC 27217 336.570.6060.

# \_\_\_\_\_ 's Asthma Action Plan

Patient's Name \_\_\_\_\_

Personal Best Peak Flow Meter Score: \_\_\_\_\_ Date: \_\_\_\_\_

Category of severity: (check one) \_\_\_ Mild Intermittent \_\_\_ Mild Persistent \_\_\_ Moderate Persistent \_\_\_ Severe Persistent

## Other Important Instructions:

1. *No smoking in your home or car.*
2. Remove known *triggers* from your child's environment: \_\_\_\_\_
3. Other: \_\_\_\_\_

## GREEN

Your Peak Flow is greater than \_\_\_\_\_  
(80% of your personal best peak flow number)

You:

- sleep through the night without coughing or wheezing
- have no early warning signs of an asthma flare-up & can do usual activities



Take Long-Term Control medications:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Continue to avoid triggers.



Take quick-relief medicines 15 minutes before exercise.

- \_\_\_\_\_

## YELLOW

Your Peak Flow is between \_\_\_\_\_ and \_\_\_\_\_  
(50%-80% of your personal best peak flow number)

You may:

- be coughing or wheezing at night or at school
- have early warning signs of a flare-up
- have trouble doing your usual activities (school, play, work, exercise)



Take quick-relief medicines:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



Adjust Long-Term Control medicines as follows until back in Green Zone:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



Call your doctor if:

- you stay in the Yellow Zone for more than \_\_\_\_\_ hours
- your symptoms are getting worse
- you use quick-relief medicine more than every 4 hours

## RED

Your Peak Flow is less than \_\_\_\_\_  
(50% of your personal best peak flow number)

You may:

- be coughing, short of breath, wheezing
- suck in skin between ribs, above your breastbone and collarbone when breathing
- have trouble walking or talking



Emergency Medicine Plan:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



Call your doctor or emergency room and ask what to do.



Call 911 if no improvement and:

- your nails or lips are blue
- you have trouble walking or talking
- you cannot stop coughing

Physician: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Student may carry and self-administer medication \_\_\_\_\_

A project of:

**HEALTHY**  
ALAMANCE

Child Asthma Coalition