

SQ3R

READ & LEARN MORE EFFECTIVELY

Survey

Skim the material, paying special attention to:

- > headings & sub headings
- > graphic elements
- > words in bold or italics
- > maps, charts, diagrams

Question



What do you want/need to learn from the text?

Turn title, headings, and subheadings into questions.

Having questions to answer will help keep your mind engaged with the reading material

Read



Read the text, keeping in mind to:

answer the questions

note down difficult items (to be researched later)

pay attention to pictures, charts, and words that are in italics or are bolded

Recite



Talk through difficult items

Write and/or summarize notes in your own words

Underline and highlight important passages, but do so sparingly

REVIEW

The process of reviewing is continual...quick 15-minute daily reviews, 30 minute weekly reviews, and in-depth monthly reviews result in mastery.